



A service leaflet for all professionals and agencies in Swindon...

..Young People's Substance Misuse Service

Contact Us...

U-turn, Civic Annexe, Civic Offices
Euclid Street, Swindon SN1 2JH
E-mail: uturn@swindon.gov.uk
Tel: 01793 465040, **Fax:** 01793 463114

This information about Uturn is available on the internet at www.swindon.gov.uk. It can be produced in a range of languages and formats (such as large print, Braille or other accessible formats) by contacting the Customer Services Department.

Tel: 01793 445500 **Fax:** 01793 463982
E-mail: customerservices@swindon.gov.uk

Information sharing and confidentiality

In order to work effectively with young people most of our services are confidential. However, we work towards the Every Child Matters agenda and will share information with relevant agencies if we have reason to believe the young person is at risk of serious harm.



A free and confidential service for young people and their families with drug and alcohol related problems

Aims of the service:

To provide a high quality service to young people aged 10-18 and their families to minimise the harm caused by the misuse of alcohol and/or drugs in Swindon.

- To meet the needs of young people by provision of various interventions lead by need.
 - To assist relatives, friends and families to develop coping strategies and help to change their behaviour.
 - To assist professionals by giving clear guidance about the impact of substance misuse in young people and the potential harm this can cause to enable them to address issues when appropriate.
- To train professionals across Swindon to screen young people for substance misuse and enable them to make appropriate referrals to our service.



Who we are:

We are a multi-disciplinary team of trained professionals from different backgrounds with experience of working with young people who misuse drugs and alcohol.

What can we offer:

- ↻ A specialist substance misuse assessment
- ↻ One-to-one interventions (motivational interviewing, brief solution focused interventions, Cognitive-behavioural approaches)
- ↻ Family work
- ↻ Pharmacological interventions including appropriate detox prescribing
- ↻ Training or consultation to professionals in Swindon
- ↻ Information advice and guidance
- ↻ Support in working or living with a problem drug or alcohol user
- ↻ Harm reduction advice
- ↻ Information materials
- ↻ Access to needle exchange facilities

Referral Criteria:

Partner agencies should consider contacting U-turn when a young person meets one or more of the following criteria:

- ↻ Agency feels the need for specialist advice in relation to a young person's use of alcohol or drugs
- ↻ Use of illicit substances (misuse of solvents, prescription drugs etc,) and/or alcohol
- ↻ Client uses substances regularly and it affects his/her education and/or emotional well-being
- ↻ Young person presents regularly as incoherent due to the misuse of alcohol or substances
- ↻ Young person commits offences and takes risks related to their use of substances or alcohol (risk of overdose, to personal safety or of sexual exploitation)
- ↻ Overall context of substance use indicates multiple risk factors
- ↻ Drugs are being injected
- ↻ Young person uses drugs or alcohol whilst pregnant
- ↻ Substance misuse is contributing to mental health issues
- ↻ Opiate dependency